

## Information for Parents and Carers of children with Autism

If your child has a diagnosis or working diagnosis of Autism Spectrum Condition then you may find the following organisations useful for further information/support. Please contact our school SENDCo, Mrs Rachel Wright, for any additional information or advice.

The **Autism Outreach Team** are part of the Specialist Support service for Staffordshire Local Authority. They work with children and young people aged up to 18 years with a diagnosis or working diagnosis of an autism spectrum condition and work with parents, carers and schools. They offer advice and training to mainstream settings supporting pupils with an autism spectrum condition.

<https://www.staffordshireconnects.info/kb5/staffordshire/directory/service.page?id=hS9EITNMhoo>

Contact Name - Julie Birchall

Telephone - 01785 356830

E-mail [julie.birchall@staffordshire.gov.uk](mailto:julie.birchall@staffordshire.gov.uk)

The **National Autistic Society** are a charitable organisation that offer advice and support for Autistic young people and their families with education, life at home, work and in the community. Their website is highly informative and provides a comprehensive directory of Autism services and details on how to get involved with them.

<https://www.autism.org.uk/>

Autism Helpline – Monday to Thursday (10am-4pm) and Friday (9am-3pm)  
0808 800 4104

**Autism West Midlands** offer support at home, training for families and parents, groups for young people with Autism and post diagnostic support. Based in Kings Norton they run a wide variety of support groups and sessions for families throughout the year which are often **free** of charge.

<https://www.autismwestmidlands.org.uk/>

Telephone Reception 0121 450 7582

Helpline 0121 450 7575

Email [info@autismwestmidlands.org.uk](mailto:info@autismwestmidlands.org.uk)

The **Children and Young People's Autism Service** are a new NHS service commissioned by Staffordshire for Autism diagnostic assessments. They offer a range of assessment, therapeutic and support services to meet the needs of children, young people and adults including post diagnosis services. Referrals can be made by your GP or by Mrs Wright in

school (please note that if your child is aged 5 or under then they will need to be referred by a Paediatrician for assessment).

<https://www.mpft.nhs.uk/services/children-and-young-people-autism-service>

Telephone: 0300 303 0691

E-mail [cypautismservice@mpft.nhs.uk](mailto:cypautismservice@mpft.nhs.uk)

#### Parents Support Group (Rugeley ASD Support Group)

This group has been set up by parents of children with Autism, for other parents/carers or relative of someone on the autistic spectrum. Their aim is to offer support to each other and have regular informal meetings in Rugeley. Occasionally they might have guest speakers but always offer tea, coffee, biscuits and plenty of chatting. The group has an active facebook group to allow a positive and supportive page in which parents and carers have confidence to share good times & bad.

Telephone 07977 322695

E-mail [helen@millerchip.com](mailto:helen@millerchip.com)

Website [Rugeley ASD Support Group](#)

Address

Rugeley ASD Support Group,

Childrens Centre,

Springfields Health and Wellbeing Centre,

Rugeley, Staffs

WS15 2QD

**Aiming High** is a Staffordshire Authority organisation that provides extracurricular activities and short breaks for children with SEND, they are fun, varied and enjoyed by all children who attend. Recently children from St Johns have taken advantage of cinema and bowling trips, Baggeridge County Park activity days and Fishing/craft at the Moat project in Albrighton. Children are entitled to 1 free activity per month (plus an extra free activity during school holidays).

<https://www.staffordshireconnects.info/kb5/staffordshire/directory/localoffer.page?localofferchannel=6-1-8>

To book places or for any questions please call 0300 111 8007 (option 5).  
Lines are open Monday - Thursday 8am-8pm / Friday 8am-6pm / Saturday  
9am-5pm.